



Flu Vaccines for Children

Children need all their flu vaccines!

- All children age 6 months and older should be vaccinated to protect them from flu.
- This year there are 2 different types of flu vaccine:
 1. Flu vaccine for the regular seasonal flu
 2. Special flu vaccine for the new flu (called H1N1 flu or swine flu)
- Flu vaccine may be a shot or a spray into the nose.
The spray vaccine is for healthy children age 2 or older.
- Children younger than 10 years need to get:
 - ✓ 1 or 2 doses of flu vaccine for the seasonal flu.
 - ✓ 2 doses of flu vaccine for the new flu.
 - ✓ Vaccines need to be given 3 or more weeks apart.
- Children in school may get vaccinated at school.
- Younger children need to get flu vaccine at the doctor's office or at a public clinic.

What can you do?

- Check to see if your child has had all flu vaccines needed.
- For the seasonal flu vaccine, call your doctor.
- For the new flu vaccine, call your doctor or go to a public vaccine clinic.

You can find a public clinic at www.healthvermont.gov - or - dial 2-1-1.